

Landen MacDonald

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Skills

I have plenty of experience working in a team atmosphere and managing large events. As a lifeguard at UNB and a coach for the local swim team I have experience working with the general population and many different age groups. From my time working with Swimming New Brunswick I have gained skills in the form of planning, managing, and communication, as I had to plan and oversee large events and communicate with large groups of people. Pursuing a degree in Chemical engineering, working two jobs, and swimming for the UNB REDS has taught me the importance of time management and organization. I am a very hard worker and spend time making sure everything is done to a high standard.

Experience

Swim New Brunswick Sports Coordinator

June 2021 - Present, SNB

Assisted with organization, administration, and delivery of SNB's programs/events. Helped with the organization and planning of the Annual General Meeting and Awards Banquet. Also helped in running SNB's social media accounts and publishing newsletters/press releases/articles on SNB's website.

Lifeguard

September 2020 - Present, UNB pool

Worked to prevent accidents and to help if one were to take place. I also did administrative work such as completing daily logs, cleaning the pool, and opening and closing, all while building relationships with the multiple groups that used the pool.

Fredericton Aquanauts Swim Team Coach

January 2018 - PRESENT, Lady Beaverbrook Gym, Fredericton

Coach children of various ages and skill sets. I compose lesson plans for multiple different skill sets, work with the swimmers both at practices and meets and help with officiating swim meets.

International Day Camp Coordinator

Summer 2019, Fredericton Christian Academy

Planned and helped run an English Second Language camp for international students. I helped plan day trips throughout the maritimes and oversaw the campers on these trips.

Captain of The Fredericton Aquanauts Swim Team

September 2019 - 2021, Lady Beaverbrook pool

As Team Captain I am in charge of organizing team building activities and communicating information from the head coach to various groups on the team. I am also responsible for motivating teammates at various events and meets.

Certificates

National Lifeguard - Pool

Certification date: 2020-08-14

Workplace Standard First Aid

Certification date: 2020-08-8

Education

Fredericton High School

September 2018 - June 2021, Fredericton, NB

Graduated with Honors from Fredericton High School in June of 2021.

University of New Brunswick

September 2021 - Present, Fredericton, NB

Currently working towards a Bachelors of Science in Chemical Engineering, with a focus in Biomedical Engineering

Awards

Several swimming accolades in the provinces of New Brunswick, Nova Scotia, Prince Edward Island and Quebec.

Scientific, English, Psychology, and Math Certificates of excellence from Fredericton High School